



Mid-Week Manna

A Weekly Newsletter from the First Cumberland Presbyterian Church

*Wednesday,
October 22, 2025*

From Your Minister - Christian Smith

**“Little children, let us love, not in word or speech, but in truth and action.”
– 1 John 3:18**

Over the last several days, I have had some conversations that have reminded me how much our congregation cares about our church’s ministry to the community and each other. A few people have come to share concerns and suggestions about how we can make the ministry of our church family stronger. They did not come to complain. They came to help find solutions.

As I have reflected on those conversations, I have realized that sometimes it can feel like we are just going through the motions and doing what needs to be done to keep things running. At times, it is hard to take the extra steps that may be necessary to share the Good News in meaningful ways. But it is often those extra steps that help someone truly see the way of salvation or hear God’s call.

We are careful not to make anyone stumble, and that is good. But God calls us to do more than simply avoid harm. We are called to look for ways to guide, encourage, and love people toward Christ and toward the love that Christ offers.

Prayer is a vital act of love. When we pray for others, we show compassion. But prayer can also move us to action. It can guide us and help us find ways to give hands and feet to our love. Prayer helps us move from simply not hurting to helping. It helps us move from avoiding what is wrong to doing what is right.

My hope for all of us this week is that our prayers will lead us toward love. I hope our prayers will move us one step closer to being the church God is shaping us to be. We do not have to do everything at once. But together, through prayer, we can keep growing in faith and keep letting love lead our way.

Trunk or Treat – Wednesday, October 29th

Everyone is welcome and encouraged to join us for Trunk or Treat! We’ll have a Soup & Chili Dinner at 5:00 p.m., followed by Trunk or Treat at 6:00 p.m. Please consider decorating your car or truck and handing out candy. We also need volunteers to help with the meal — you can sign up to assist using the form at the following link: <https://www.signupgenius.com/go/10C0F4EA5AA28A4FDC25-59672963-trunk>

First Cumberland Presbyterian Church
565 E. 10th Street - Cookeville, TN 38501

931-526-6585
www.cookevillecpchurch.org





Sunday Worship Information



Sunday, October 26th, will be the Reformation Sunday. The chancel color will be red. Our Senior Minister, Rev. Christian Smith, will preach using Romans 12:1-8 as the scripture. The sermon's title is "Praying for Renewal." Everyone is invited to join us in the sanctuary at 8:45am or 11:00am as we gather to worship God. If you cannot join us in person, the 8:45am service will be streamed on our church's YouTube channel.

Meal Train

You are invited/encouraged to help us provide a meal for Pete and Regina Weber. They would like just one meal a week. You can sign up for one of those meals at <https://mealtrain.com/n97nk6>. If you are not familiar with the meal train app and would like to sign up and need some assistance, you can contact Alice Peek at 931-239-5513 or call Sandra in the church office. Thank you in advance for your help with these meals!

For Our Visitors AND Members

We are always excited to have the opportunity to worship with you on Sundays. Whether you are visiting with us or are currently attending our church, please take a moment to scan the QR code to the right and help us to get to know you and how we can better serve you. You may also use this form to share prayer concerns, praise reports, or other requests with your pastors.



Looking Ahead...



October 26 th	Reformation Sunday
October 30 th	Trunk or Treat
November 2 nd - 23 rd	Turkey Project
November 2 nd	Pastor Appreciation
	All Saints Sunday
November 23 rd	Reign of Christ Sunday
November 24 th	Turkey Project deliveries
November 27 th	Thanksgiving Lunch
November 30 th	1st Sunday in Advent





PASTOR
Appreciation 

We are a bit late, but do want to recognize our appreciation for the work and blessings we receive from Christian Smith, our pastor. We will take time during the Sunday School hour on November 2nd to join in thanking him for the role he plays in leading and nurturing our church family. Please feel free to bring a card and/or gift to express your thanks for his service in the church. Coffee and donuts will be served.

EQUIP & LEAD



Sundays @ 10:00 a.m.
in the Upper Commons

Young Adult Bible Study

Upcoming Weeks
The Book of James

CONNECT
WITH US





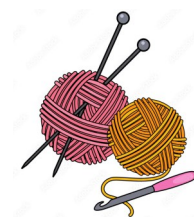
NES Backpack Program

CFCPC is partnering with the Putnam Education Partnership (PEP) Foundation to provide Northeast Elementary School students with weekend food bags. We will pack and deliver bags in October, December, February, and April. If you can help, please sign up using the QR code.



Twisted Stitchers

Connection has resumed and the Twisted Stitchers group continues to meet. You are invited to attend any/all sessions; we would love to have you join us. All levels of proficiency are welcome to join us! The stitchers meet on Wednesday evenings at 6pm in the Session Room of the church. We hope to see you there!

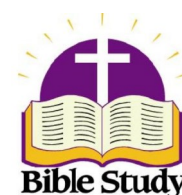


Email and Texting

If you are interested in receiving the Midweek Manna and/or occasional text messages from the church (we promise not to spam your messages), we need you to fill out the form at this link (<https://cookevillecpchurch.flocknote.com>), or contact Christian with your phone number and/or email address.

Men's Bible Study

The **Tuesday Noon** Men's Bible Study continues with a study on the book of Romans. We are using Max Lucado's ***Life Lessons from Romans*** as our text. All men in the church congregation are encouraged/invited to attend.





Cookeville First Cumberland Presbyterian Church

TRUNK OR TREAT!

Decorate your trunk and bring your kids for
an evening of food, treats, and costumes!

October 29, 2025

Dinner - 5pm, Trunk-or-Treating - 6pm

565 East 10th St.

JOIN US FOR
A SPOOKY
NIGHT!

Everyone is invited!



STEWARDSHIP REPORT

Sunday, October 19, 2025

Commitments - \$5,070.00

Undesignated - \$1,277.00

Other - \$0.00

Total Deposit - \$6,347.00



**CPNS will be hosting our annual fall carnival on
November 8th from 2-4pm!**

**We want to extend an invitation to the
congregation of First Cumberland Presbyterian
Church to join us for this fun fundraising event for
the center.**

**We will have games & prizes, baked goods, crafts
for sale, popcorn, sno cones, cotton candy,
lemonade and lots of fun planned!
Christian has also generously agreed to
participate in a game of pie the pastor!**

**If you cannot attend but would like to donate
anything to help us make this event a success,
that would also be greatly appreciated!**

**The following items are what we know for sure
we will need:**

- **Hay bales (square)**
- **Pumpkins (small-medium)**
- **Baked goods**
- **Mini pie pan tins**
- **Whipped cream (spray)**

**Any donations can be brought in the week of
11/3/25-11/7/25 and given to Madison or Ashlyn!**

Thank you and we hope to see everyone!



Individuals: Carlene Byrne; Allison McDonald; Catie, Ian, Lincoln, Addie, and Bonnie Bland (Reggie Brown's daughter and family) - home and belongings were destroyed by fire; Annette Coorts Flanders (home); Dan & Kathy Hilton; Evelyn Hyder; Sherrie Smith; Cindy Furcean.

Cancer Treatment: Barbara Spurgeon (colon cancer); Anne Taylor (Tracy Sparks' sister); Janet Lapoint (Evelyn Plecan's cousin); Bill Snyder (Virginia Lovellette's brother); Linda Stringer (Evon Maggart's sister); Allen Kolath; Niki Work.

Assisted Living: Doris Baggett (Signature Healthcare); Ramona Tilghman (Lifecare in Sparta); Jo Gentry (Willow Spring at The Arbors in Spring Hill, TN).

Church Directory "How-To"

Our updated church directory is now available online and is accessible from your computer or through an app on your phone!

How to Access the Directory:

On your computer: visit <https://members.instantchurchdirectory.com/>

On your phone: download the *Instant Church Directory* app:

Apple devices, click here:

<https://itunes.apple.com/us/app/instant-church-directory/id589542221?ls=1&mt=8>

Android devices, click here:

<https://play.google.com/store/apps/details?id=com.instantchurchdirectory.members>

Logging In:

You'll be asked to enter your email address as it's listed in our church directory. If your email isn't listed yet, let Christian know, or fill out the information on this form:

<https://forms.gle/CpXSyeIwwCizY7cA>

Once information is entered, you can follow the on-screen instructions to complete your login.

Update or Add Family Photos:

We are now taking family photos at church for those who need them, but you are also welcome to upload your own! After logging in, you can update your family's info and add a photo. You may also text or email your photo to Christian, and he'll upload it for you. If you need assistance at any point, Christian is happy to help. Just reach out!